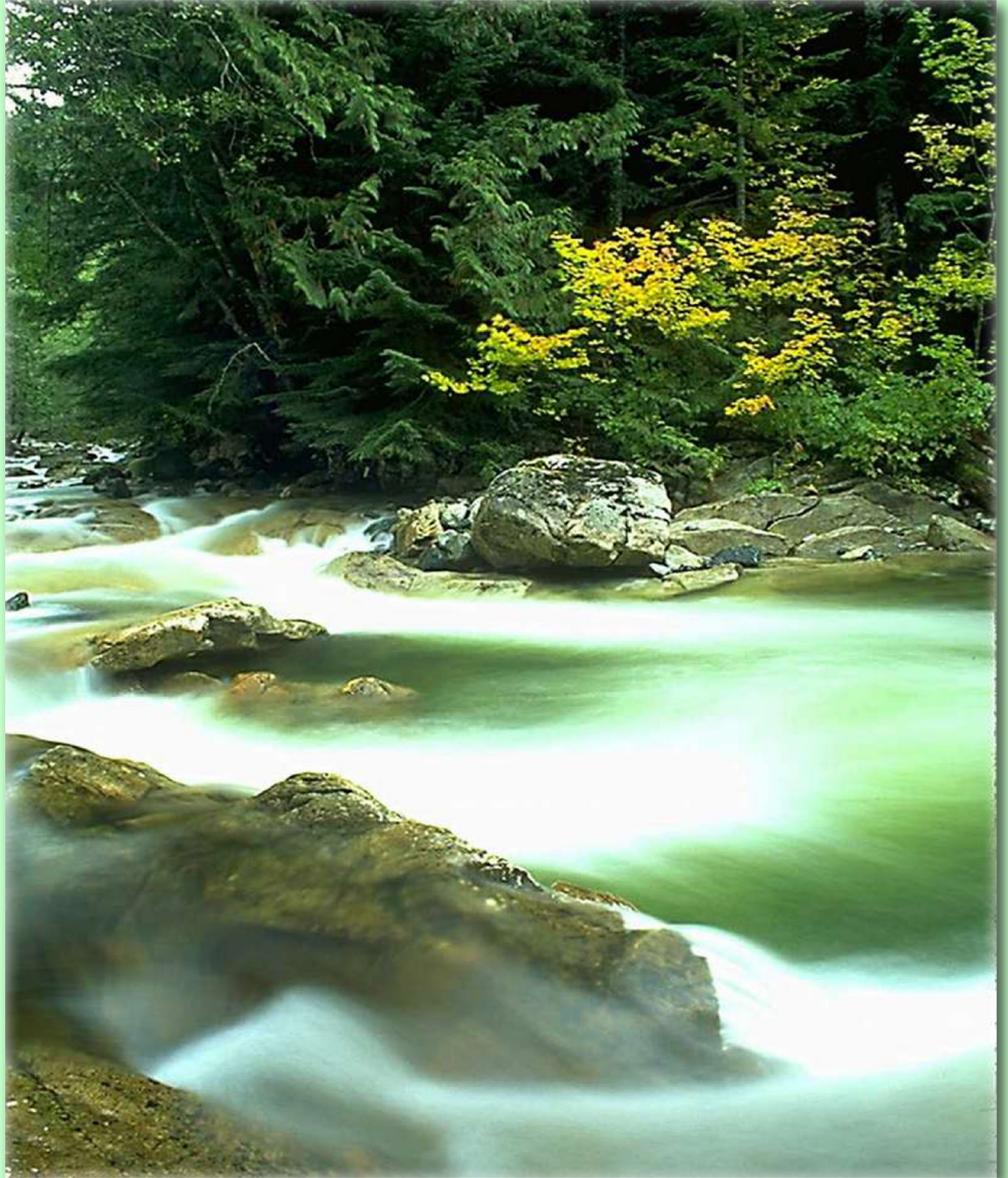


Poetry for the Mind



Debra Stevenson

Poetry of the Mind
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Introduction

This book will stir your emotions from start to finish. You will laugh, cry and smile, as you remember life as it is; was and can be. Lift your spirits with feelings of happiness, recognize moments of sadness. Enjoy life's triumphs; celebrate love, beauty and nature as never before.

Dedication

This is dedicated to the memory of my mom, who always encouraged me to keep writing and never stop. She has always been a powerful influence in my life. She was a woman whose words gave inspiration. The poem entitled woman was written of her because she never gave up in life.

OUR LIVES



I saw you from a distance,
You took my breath away,
I gazed at you in silence,
Hoping you would glance my way.

My bouquet of pretty flowers,
Bringing joy into my life;
If words were merely whispers,
I would listen with my heart.

As we hold each other's hands,
I'd surround you with my love,
Knowing life is but a journey,
I am always by your side.

As we work to build a future,
Let's bring meaning to our lives,
As each day begins; let me love you from my heart,
If death should separate us; were just memories apart.

About the Author



Debra Stevenson is a writer and poet living in Connecticut. She was born in the beautiful island of Trinidad. She discovered her love of poetry, after reading the poem, *The Beggar Maid* by Lord Alfred Tennyson.

After taking a writing correspondence course, Debra was encouraged by her teacher to publish her work. She believes that words can have a profound effect on people, it can enrich their lives, make them smile, and give them hope.